

Planned Parenthood Watsonville

398 S. Green Valley Rd. Bus routes:
Watsonville 72, 72W, 74S, 75
831-724-7525 S. Green Valley Rd. &
M-F 8AM-8PM Pennsylvania Dr.

Birth Control Options

- Condoms
- Emergency Contraception
- Implant
- IUD
- Patch
- Pill
- Ring
- Shot

Care & Services

- Abortion services
- COVID-19 vaccine
- Gender-affirming care
- HPV vaccine
- Mental health services
- Pregnancy testing
- PrEP/PEP
- Spanish speaking
- STI/HIV testing

Teen Friendly Features

- Same day appointment
- Same day birth control
- Tele-Health
- Text reminders
- Walk-Ins welcome

Watsonville Health Center

1430 Freedom Blvd. Bus route: 1
Suite D, Watsonville Freedom Blvd. &
831-763-8400 Crestview Dr.
M-F 7:30AM-6:30PM

Birth Control Options

- Condoms
- Emergency Contraception
- Implant
- IUD
- Patch
- Pill
- Ring
- Shot

Care & Services

- COVID-19 vaccine
- Gender-affirming care
- HPV vaccine
- Mental health services
- Pregnancy testing
- PrEP/PEP
- Spanish speaking
- STI/HIV testing

Teen Friendly Features

- Calls your phone
- Same day appointment
- Walk-Ins welcome

Types of Birth Control



Pill:
A pill taken daily.



IUD:
Inserted by a medical provider.
Effective for 3-10 years.



Shot:
A shot someone gets every 3 months
by a medical provider.



Implant:
Inserted by a medical provider in the arm.
Effective for up to 3 years.



Ring:
A plastic ring someone will insert into
the vagina and replace monthly.



Patch:
A sticker someone wears on their skin
that is replaced weekly.



External/Internal Condom:
A barrier someone wears.
(Prevents pregnancy & STIs)



Emergency Contraception:
A pill someone can take 0-5 days after
unprotected sex to prevent pregnancy.
(condom breaks, missed birth control pill, etc.)

Confidential Services For Teens, Youth, & Young Adults

Watsonville Area 2024-2025



Teen Health Outreach



teenhealthoutreach@santacruzcountycalifornia.gov
santacruzhealth.org

Youth Rights

In California, youth age 12 and older* have the **right to the following confidential services:**

- Abortion services
- Alcohol or other drugs counseling
- Birth control
- Emergency contraception
- Mental health counseling
- Pills to prevent HIV (PrEP/PEP)
- Pregnancy options counseling
- Pregnancy testing
- Prenatal care
- Testing and treatment for STIs, including HIV

Youth can get these services without needing permission from their parents/guardians **AND** without parents/guardians being notified. Youth can excuse themselves from school for these visits. **IT'S CALIFORNIA LAW****

For free or low cost services ask:

I'm calling to receive confidential services, do you offer Fam-PACT?

*Age 10 and older for youth in foster care. Senate Bill 89.
**teenhealthlaw.org

Salud Para La Gente Clínica Del Valle Del Pajaro

45 Nielson St.,
Watsonville

831-728-0222

Bus routes: 1, 74S, 78
Nielson & Airport Blvd.

M-Th 8AM-7PM
Fri 8AM-5PM

Birth Control Options

- Condoms
- Emergency Contraception
- Implant
- IUD
- Patch
- Pill
- Ring
- Shot

Care & Services

- COVID-19 vaccine
- Gender-affirming care
- HPV vaccine
- Mental health services
- Pregnancy testing
- PrEP/PEP
- Spanish speaking
- STI/HIV testing

Teen Friendly Features

Use the code "#BURN" word to schedule a confidential appointment

- Calls your phone
- Same day appointment
- Separate teen entrance
- Text reminders
- Walk-Ins welcome

Salud Para La Gente East Beach Clinic

204 East Beach St.
Watsonville

831-728-0222

Bus routes: 1, 79
E Beach & Marchant

M-F 8AM-7PM
Sat 8AM-5PM
Sun 8:30AM-12:30PM

Birth Control Options

- Condoms
- Emergency Contraception
- Implant
- IUD
- Patch
- Pill
- Ring
- Shot

Care & Services

- COVID-19 vaccine
- Gender-affirming care
- HPV vaccine
- Mental health services
- Pregnancy testing
- PrEP/PEP
- Spanish speaking
- STI/HIV testing

Teen Friendly Features

Use the code "#BURN" word to schedule a confidential appointment

- Calls your phone
- Same day appointment
- Separate teen entrance
- Teen waiting room
- Text reminders
- Walk-Ins welcome

Salud Para La Gente Salud Teen Mobile

45 Neilson St.
Watsonville

831-728-0222

Bus routes: 1, 74S, 78
Neilson & Airport Blvd

M-F 8:30AM-5PM

@ Aptos H.S. Tue, Thu, Fri 8:30AM-12:30PM
@ Watsonville H.S. Fri 8:30AM-12:30PM

Birth Control Options

- Condoms
- Emergency Contraception
- Implant
- IUD
- Patch
- Pill
- Ring
- Shot

Care & Services

- COVID-19 vaccine
- Gender-affirming care
- HPV vaccine
- Mental health services
- Pregnancy testing
- PrEP/PEP
- Spanish speaking
- STI/HIV testing

Teen Friendly Features

Use the code "#BURN" word to schedule a confidential appointment

- Calls your phone
- Same day appointment
- Separate teen entrance
- Text reminders
- Walk-Ins welcome